IN THE CLAIMS

Claim 1 (currently amended). A single -or double-sided pressure sensitive adhesive sheet film strip, having a grip tab and being redetachable from a substrate to which it is adhered by extensive stretching pulling on the grip tab in the direction of the bond plane to extensively stretch the film strip, wherein the grip tab is-such that it has a static frictional force Fs, as measured in accordance with DIN 53375, of at least 170 cN.

Claim 2. Canceled.

Claim 3 (currently amended). The strip as claimed in claim 1, having a wherein said static frictional force Fs of is at least 200 cN.

Claim 4. Canceled.

Claim 5. The strip as claimed in claim 1, wherein the grip tab has said static frictional force on one or both sides.

Claim 6 (amended). The strip as claimed in claim 1, wherein the grip tab is coated with <u>a</u> deformable compositions composition, or a low-tack compositions composition, or both.

Claim 7. The strip as claimed in claim 4 6, wherein the grip tab is coated with said deformable composition, low tack composition, or both are selected from the group consisting of silicones, EVA compounds ethylene-vinyl acetate copolymers, or PU polyurethane compounds and combinations thereof.

Claim 8 (amended). The strip as claimed in claim 1, wherein the surface of the grip tab is tched, ground or embossed.

Claim 9. The strip as claimed in claim 1, wherein the grip tab comprises-an-EVA er PU is formed of ethylene-vinyl acetate or polyethylene sheet material.

Claim 10 (amended). A method for redetachable bonding with an adhesive strip where the bond is parted broken by extensive stretching pulling on the a grip tab on the adhesive strip to extensively stretch the adhesive strip in the direction of the bond plane, without slippage from the grip tab, wherein said redetachable bonding is made with the adhesive strip is an adhesive strip according to adhesive sheet strip of claim 1.